

Case Study

Gateshead School Sport Partnership



Extra-curricular Activities

Winlton West Lane Community Primary School

Jon Innerdale (PE Co-ordinator)

MEETING THE CHALLENGE

WHAT WERE YOU TRYING TO ACHIEVE?

Our objective was to broaden the provision of extracurricular activities provided by our school.

We aimed to respond to comments from our parents who requested a broader range of clubs. Our provision was already of a high standard as we were offering 18 extracurricular clubs, to which just over 50% of the children in school attended at least 1 club.

We felt we needed to concentrate on providing opportunities for 3 main groups of children: children in Key stage 1; girls and children who were not responding to the traditional sports on offer.

WHAT ACTIONS WERE TAKEN?

We bought in some outside agencies who could provide activities to appeal to our 3 core groups. In addition our PE co-ordinator ran clubs specifically for y2 & 3. Below is an outline of clubs provided with new clubs highlighted (*):

Club	Year	Boys	Girls	Duration
Football	5/6	15	3	12 weeks
Football	3/4	16	4	12 weeks
Rugby	5/6	12	4	6 weeks
Hockey	5/6	7	7	6 weeks
Cross country	KS2	12	10	6 weeks
Gymnastics	5/6	4	14	12 weeks
Gymnastics	3/4	2	16	6 weeks
Gymnastics	5/6	8	6	12 weeks
Cricket	5/6	16	2	6 weeks
Cricket	3/4	16	2	6 weeks
Basketball	5/6	12	4	6 weeks
Basketball	3/4	14	6	6 weeks
Bike it!	5/6	8	7	6 weeks
Bike it!	3/4	8	7	6 weeks
Athletics*	3/4	11	9	6 weeks
Olympic Club*	2	11	12	6 weeks
Trampoline	6	4	8	12 weeks
Trampoline	5	5	5	6 weeks
Trampoline	4	8	12	12 weeks
Trampoline*	3	4	6	6 weeks
Hoopstarz*	KS2	6	14	36 weeks
Hoopstarz*	KS1	8	12	36 weeks
Funfitz*	KS1	6	14	36 weeks
Free motion dance	KS2	0	23	36 weeks
Free motion dance	KS1	0	20	36 weeks
Yoga*	KS2	0	16	12 weeks
Yoga*	FS	10	10	12 weeks
Yoga*	KS1	8	12	12 weeks

WHAT DIFFERENCE HAS THIS MADE?

WHAT WAS THE IMPACT?

We now have **86%** of all children in KS2 attending at least 1 extracurricular club, with 90 % of the girls in upper KS2 attending at least one club.

In addition 76% of y2 children now attend a club. Also over 50% of the children in KS2 are regularly doing 3 hours a week, and some 4 hours .

The impact of this is seen in several areas. First of all the enthusiasm for PE is high and the standards are very good .This is measured by our increased participation and success in events involving year 2,3,4.

There has also been an increase in parents enquiring about and sending their children to sports clubs outside school after their children enjoyed attending an after school club. Examples of this are various gymnastic clubs, trampoline clubs, tennis, football and rugby clubs as well as the Blaydon Harriers

HOW HAS THIS BENEFITED PUPILS?

- 1 John is a y4child who is on the autistic spectrum (he has a statement), has never attended an after school club and does not normally enjoy physical exercise. His parents were increasingly concerned about his fitness. However he was persuaded to join our y4 trampolining club which he thoroughly enjoyed & reignited his enthusiasm for PE to such an extent that he is now doing daily exercise.
- 2 Jake is a y3 child who struggles academically and was starting to show signs of insecurity due to this. However he has attended all the y3 clubs this year and his level of performance has increased dramatically. This has resulted in a noticeable increase in his confidence that has resulted in much positive comments from his family.
- 3 Freya is a Y2 child who has struggled when doing physical exercise since reception, however she has attended our y2 clubs and this has increased her confidence, she is now attending a gym club outside school and has made significant progress that is very noticeable in her class PE lessons.

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WHY DID IT WORK?

CRITICAL SUCCESS FACTORS

Quality - ensuring all providers are giving high quality teaching, meeting the children's needs and helping them to progress

Enthusiasm - all parties offered enthusiastic support to the children, making the sessions enjoyable which in turn meant that they become very popular and many had to have a numbers limit placed on them.

Variety –the newer clubs in particular appealed because they were non competitive and inclusive

TOP TIPS

Employing an experienced teacher to teach PE through PPA helps as not having a class makes it easier to run a wide variety of after school and lunchtime clubs.

Ensuring providers are of a good quality by having taster days, and checking with Gateshead SSP first. Making the variety of clubs on offer as wide as possible to appeal to all children.

Try to link sports specific clubs to centrally organised sporting events so they can have a competitive Inter-school outcome . To do this clubs need to be planned across the year at the start of the year.

HEAD TEACHER COMMENT

"We have been delighted with the increased participation in clubs that we have seen across the school. We have strived to increase the variety of clubs on offer to the children whilst still maintaining the high quality of provision.

We constantly look for new clubs that will meet our criteria to extend the children's experiences and include more children participating in after school clubs because of being able to offer new clubs that may have a wider appeal."

Angela H Exley (Head Teacher)